

# Novena to the Sacred Heart of Jesus



and to the  
Immaculate Heart of Mary

*Please return after use*

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# *Novena to the Sacred Heart of Jesus and the Immaculate Heart of Mary*

## *O Sacred Heart - Entrance Hymn*

### **Verse 1:**

O Sacred Heart, O love divine,  
Do keep us near to Thee,  
And make our hearts, so like to Thine,  
That we may holy be.

### **Refrain:**

*Heart of Jesus, hear,  
O heart of Love Divine,  
Listen to our prayer,  
Make us always Thine.*

### **Verse 2:**

O Temple Pure, O House of Gold,  
Our Heaven here below,  
What sweet delight, what wealth untold,  
From Thee do ever flow.

*(refrain)*

### **Verse 3:**

Ungrateful hearts, forgetful hearts,  
The hearts of men have been,  
To wound Thy side, with cruel darts,  
Which they have made by sin.

*(refrain)*



## *Invocation of the Holy Spirit*

**Leader:**

Come, O Holy Spirit, / fill the hearts of Thy faithful  
/ and enkindle in them, / the fire of Thy love.

Send forth Thy Spirit / and they shall be created.

**All:**

And Thou shalt renew the face of the earth.

**Leader:**

Let us pray...

**All:**

O God, Who, by the light of the Holy Spirit, / didst  
instruct the hearts of the faithful, / grant that in  
the Same Spirit, / we may be truly wise, / and ever  
rejoice in His consolation, / through Christ Our Lord.  
Amen.

## *Act of Consecration to the Sacred Heart of Jesus*

**All:**

Lord Jesus Christ, I consecrate myself today anew,  
/ and without reserve to Your Divine Heart. / I  
consecrate to You my body with all its senses, / my  
soul with all its faculties, / my entire being. / I  
consecrate to You all my thoughts, words, and deeds,  
/ all my sufferings and labours, / all my hopes,  
consolations, and joys. In particular, I consecrate  
to You this poor heart of mine / so that it may love  
only You / and may be consumed as a victim in the  
fire of Your love.

I place my trust in You without reserve / and I hope for the remission of my sins / through Your infinite mercy. / I place within Your hands / all my cares and anxieties. / I promise to love You / and to honour You / 'till the last moment of my life, / and to spread, as much as I can, / devotion to Your Most Sacred Heart.

Do with me what You will, / my Jesus. I deserve no other reward / except Your greater glory and Your Holy Love. / Take this offering of myself / and give me a place within Your Divine Heart forever. Amen.

### ***Act of Reparation to the Sacred Heart of Jesus***

***All:***

Divine Saviour of souls, / with countenances covered with confusion, / we prostrate ourselves in Your Sovereign Presence. / Our thoughts are directed / toward the solitary tabernacles / where You, imprisoned, / sigh for our love.

Heartbroken, we grieve at Your sight / forgotten by those whom You have redeemed; / Your Blood made void, / Your sacrifices fruitless, / Your Love derided. / Yet, since in Your infinite condescension, / You permit us tonight, / to unite our sighs with Yours, / our tears with the tears / which, for our sake, fell from Your Most Sacred Eyes / and with the drops of blood, / which poured out from Your Divine Heart, / we pray to You, Sweet Jesus, / for those who do not pray to You; / we bless You, in place of those

who curse You; / we adore You, for those who outrage You. / With every power of souls, / in all the moments of this night, / and before all the tabernacles of the world, / in union with the efficacious desires of Your Loving Heart, / we wish to bless and praise You.

**Leader:**

O Lord, may the cry of expiation and repentance, / which rise from our contrite hearts, / ascend to You!

**All:**

Amen.

### ***Petition to the Sacred Heart of Jesus***

**All:**

O Lord Jesus Christ, / You have promised that, / where two or more / are gathered in Your Name, / You will be in the midst of them. / Look down, then, / with love and compassion / upon us here before You, / to honour Your Sacred Heart / and to make it known and loved by all. / Come into our midst, gentle Jesus, / fill our hearts with blessings / and inflame them with Your love!

**Leader:**

O Jesus, look upon those / who kneel before You.

**All:**

Heart of Jesus, / hear and grant our prayers. Amen.

**All:**

Divine Heart of Jesus, / to You we have recourse. / In You, we find consolation when afflicted, / protection when persecuted, / strength when overwhelmed with trials / and light in doubt and

darkness. We firmly believe / You can bestow on us, / the graces we implore. / We are most unworthy of Your favours, / but You are the God of mercies / and will not refuse a contrite and humble heart. Remembering Your words: / “Ask and you will receive, / seek and you will find, / knock and it will be opened to you;” / mindful too, that from Your Sacred Heart / have come words of tenderness and pleading love: / “Come to Me, all you who labour / and are burdened, / and I will refresh you”; / We come to You now / with childlike confidence / to make our pleas in this Holy Hour (pause here to make your petition). But, if what we ask / is not for Your Glory, O God, / and the saving of souls, / answer our prayer / in the way You know best. / Whatever may be Your decision / with regard to our requests, / we will never cease to adore, love, and serve You. Amen.

**Leader:**

O Jesus, answer our petitions / as we kneel before You.

**All:**

Heart of Jesus, / hear and grant our prayers. Amen.

## ***The Recitation of the Holy Rosary***

***(Due to limited time allotted to the Novena to the Sacred Heart of Jesus and to the Immaculate Heart of Mary, no additional prayers will be said during the recitation of the Holy Rosary)***

## *The Litany of the Sacred Heart of Jesus*

**Leader:**

Lord, have mercy on us.

**All:**

Lord have mercy on us.

**Leader:**

Christ, have mercy on us.

**All:**

Christ, have mercy on us.

**Leader:**

Christ, hear us.

**All:**

Christ, graciously hear us.

*(all respond "Have mercy on us" after each  
of the following invocations)*

**Leader:**

God, The Father of Heaven...

God, The Son, Redeemer of the world...

God The Holy Spirit...

Holy Trinity, One God...

Heart of Jesus, Son of the Eternal Father...

Heart of Jesus, formed by the Holy Spirit in the  
womb of the Virgin Mother...

Heart of Jesus, substantially united to the Word  
of God...

Heart of Jesus, of Infinite Majesty...

Heart of Jesus, Sacred Temple of God...

Heart of Jesus, Tabernacle of the Most High...

Heart of Jesus, House of God and Gate of Heaven...

Heart of Jesus, burning furnace of charity...



Heart of Jesus, Home of Justice and Love...  
Heart of Jesus, full of Goodness and Love...  
Heart of Jesus, Perfection of all Virtues...  
Heart of Jesus, Most Worthy of all praise...

Heart of Jesus, King and Centre of all hearts...  
Heart of Jesus, in Whom are all the treasures of  
Wisdom and Knowledge...

Heart of Jesus, in Whom dwells the Fullness of  
Divinity...

Heart of Jesus, in Whom the Father was well  
pleased...

Heart of Jesus, of Whose Fullness we have all  
received...

Heart of Jesus, Desire of the Everlasting Hills...

Heart of Jesus, patient and most merciful...

Heart of Jesus, enriching all who invoke Thee...

Heart of Jesus, Fountain of Life and Holiness...

Heart of Jesus, sacrificed for our sins...

Heart of Jesus, loaded down with reproaches...

Heart of Jesus, bruised for our offenses...

Heart of Jesus, obedient unto death...

Heart of Jesus, pierced with a lance...

Heart of Jesus, Source of all consolation...

Heart of Jesus, Our Life and Resurrection...

Heart of Jesus, Our Peace and Reconciliation...

Heart of Jesus, Victim of sin...

Heart of Jesus, Salvation of those who trust in  
Thee...

Heart of Jesus, Hope of those who die in Thee...

Heart of Jesus, Delight of all the Saints...

**Leader:**

Lamb of God, Who takes away the sins of the world.

**All:**

Spare us, O Lord!

**Leader:**

Lamb of God, Who takes away the sins of the world.

**All:**

Graciously hear us, O Lord!

**Leader:**

Lamb of God, Who takes away the sins of the world.

**All:**

Have mercy on us!

**Leader:**

Let us pray.

**All:**

O Almighty and Eternal God, / look upon the Heart  
of Your dearly Beloved Son, / and upon the praise  
and satisfaction / He offers You on behalf of sinners,  
/ and being appeased / grant pardon to those who  
seek Your Mercy, / in the Name of the Same Jesus  
Christ, Your Son, / Who lives and reigns with You /  
in the unity of the Holy Spirit, / One God, forever  
and ever. Amen.

## ***Act of Consecration to the Immaculate Heart of Mary***

**All:**

I, (say your name), a faithless sinner, / renew and  
ratify today in Thy hand, / O Immaculate Mother, /  
the vows of my baptism; / I renounce forever Satan,

/ his pomps and works: / and I give myself entirely  
to Jesus Christ, / the Incarnate Wisdom, / to carry  
my cross after Him, / all the days of my life, / and to be  
more faithful to Him, / than I have ever been before.

In the presence of all the heavenly court, / I choose  
Thee this day / for my Mother and Mistress. / I  
deliver and consecrate to Thee, / as Thy slave, / my  
body and soul, / my goods, both interior and exterior,  
/ and even the value of all my good actions, / past,  
present, and future; / leaving to Thee, / the entire  
and full right / of disposing of me, / and all that  
belongs to me, / without exception, / according to  
Thy good pleasure, / for the Greater Glory of God, /  
in time and in eternity. Amen.

### *Immaculate Mary - Closing Hymn*

#### **Verse 1:**

Immaculate Mary, your praises we sing,  
You reign now in heaven with Jesus our king.  
Ave, ave, ave Maria, ave, ave, ave Maria.

#### **Verse 2:**

In heaven the blessed your glory proclaim  
On earth we your children invoke your fair name.  
Ave, ave, ave Maria, ave, ave, ave Maria.

#### **Verse 3:**

Your name is our power, your virtues our light,  
Your love is our comfort, your pleading our might.  
Ave, ave, ave Maria, ave, ave, ave Maria.

#### **Verse 4:**

We pray for our Mother, the Church upon earth,  
And bless, dearest lady, the land of our birth.  
Ave, ave, ave Maria, ave, ave, ave Maria.

## **Sacred Heart Chaplet**

**(for private recitation on Sacred Heart Chaplet beads)**

**All (the cross):**

O Sacred Heart of Jesus / give us Thy Heart as a pledge of Thy love / and as a place of refuge / that we might find therein / a secure repose during our life / and a sweet comfort at the hour of death. Amen.

**All (white bead):**

I adore Thee, / I praise Thee, / I love Thee. / I thank Thee, O Sacred Heart of Jesus / penetrated with sorrow / at the thought of so many sins and offenses / which have been committed against Thee / in the most Holy Sacrament of the Altar. / I offer Thee the most Holy Heart of Thy Beloved Mother / with the merits of the Saints in reparation for them.

**Leader (red beads):**

O Sacred Heart of Jesus, burning with love for us,

**All (response):**

Inflame our hearts with love for Thee!

**All (each white bead):**

I adore Thee, / I praise Thee, / I love Thee. / I thank Thee, O Sacred Heart of Jesus / penetrated with sorrow / at the thought of so many sins and offenses / which have been committed against Thee / in the most Holy Sacrament of the Altar. / I offer Thee the most Holy Heart of Thy Beloved Mother / with the merits of the Saints / in reparation for them.

**Leader (6 red beads):**

O Sacred Heart of Jesus, burning with love for us,

**All (response):**

Inflame our hearts with love for Thee!

**All (the middle medal):**

May the Sacred Heart of Jesus / present in the the most Holy Sacrament of the Altar / be praised, loved, and adored / with grateful affection / in all the tabernacles of the world / even to the end of time. Amen.

***Consecration to the Sacred Heart of Jesus  
and to the Immaculate Heart of Mary***

**All:**

Sacred Heart of Jesus  
and Immaculate Heart  
of Mary, / I consecrate  
my entire self to the  
Most Holy Love of  
Your Two Hearts. / I  
wish to make



**The Two Holy Hearts**

reparation / for all the sins of the world, / including  
my own. / I offer these things / for the love of the  
hearts of Jesus and Mary.

I will keep my mind on beauty / and turn my  
thoughts from evil things. / I will hold my temper /  
and bear the mistakes of others with love and a  
forgiving heart. / I will admit when I am wrong /  
and ask others to forgive me. I will not show off, /  
but remain humble. / I will offer up all my sufferings,  
/ sickness and hurts.

I will seek God's Will, / not my own. / I will show  
appreciation for the kindness, / the blessings that I  
receive, / and thank God for all things. / I will do  
everything in my life for love of God. / And, I will

love others, / as God has loved me. O Sacred Heart of Jesus, / through the intercession of the Immaculate Heart of Mary, / I receive the offering and consecration / I now make of myself to You. / Keep me faithful unto death. / Bring me one day / to the happy home in heaven. / I desire to live forever / with God the Father / and the Most Holy Spirit / and You my Jesus, / together with Your Most Immaculate Mother. Amen.

***The Promises of Our Lord to  
St. Margaret Mary for  
Souls Devoted to His Most Sacred Heart***

- 1) I will give them all the graces necessary in their state of life.
- 2) I will establish peace in their homes.
- 3) I will comfort them in all their afflictions.
- 4) I will be their secure refuge during life, and above all in death.
- 5) I will bestow abundant blessings upon all their undertakings.
- 6) Sinners shall find in my Heart the source and the infinite ocean of mercy.
- 7) Tepid souls shall become fervant.
- 8) Fervent souls shall quickly mount to high perfection.
- 9) I will bless every place in which an Image of my Heart shall be exposed and honoured.

- 10) I will give to priests the gift of touching the most hardened hearts.
- 11) Those who shall promote this devotion shall have their names written in my Heart, never to be effaced.
- 12) I promise thee in the excessive mercy of my Heart that my all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months the grace of final penitence; they shall not die in my disgrace nor without receiving their Sacraments. My Divine Heart shall be their safe refuge in their last moment.

*(Apostleship of Prayer No. 204)*



## ***The 15 Promises of Mary to Christians Who Recite the Rosary***

***(given to St. Dominic and Blessed Alan)***

- 1) Whoever shall faithfully serve me by the recitation of the Rosary, shall receive signal graces.
- 2) I promise my special protection and the greatest graces to all those who shall recite the Rosary.
- 3) The Rosary shall be a powerful armour against Hell; it will destroy vice, decrease sin, and defeat Heresies.
- 4) It will cause Virtue and Good Works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the hearts of men from the love of the world and its vanities, and will lift them to the desire of eternal things. O, that souls would sanctify themselves by this means.
- 5) The soul which recommends itself to me by the recitation of the Rosary, shall not perish.
- 6) Whoever shall recite the Rosary devoutly, applying himself to the consideration of its Sacred Mysteries, shall never be conquered by misfortune . God will not chastise him in His Justice, he shall not perish by an unprovided death; if he be just, he shall remain in the grace of God, and become worthy of eternal life.
- 7) Whoever shall have a true devotion for the Rosary shall not die without the Sacraments of the Church.



- 8) Those who are faithful to recite the Rosary shall have, during their life and at their death, the Light of God and the plentitude of His Graces; at the moment of death, they shall participate in the merits of the Saints in Paradise.
- 9) I shall deliver from Purgatory those who have been devoted to the Rosary.
- 10) The faithful children of the Rosary shall merit a high degree of Glory in Heaven.
- 11) You shall obtain all you ask of me by the recitation of the Rosary.
- 12) All those who propagate the Holy Rosary shall be aided by me in their necessities.
- 13) I have obtained from my Divine Son that all the advocates of the Rosary shall have for intercessors, the entire celestial court during their life and at the hour of death.
- 14) All who recite the Rosary are my sons, and brothers of my only Son, Jesus Christ.
- 15) Devotion to my Rosary is a great sign of predestination.

*(Imprimatur: Patrick J. Hayes, D.D., Archbishop of New York)*



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